

Discipleship Group: Try it out!

In our Discipleship group, we look at the basic claims of the Christian Faith and look at Biblical passages around those claims together. The material equips us to find answers about our Faith directly from the Bible.

We are meeting each Sunday, 1:30pm. We are encouraging everyone to give this group a try one time and see whether it's the right fit for you.

Our Schedule in May/June

May 20th (Pentecost Sunday): Service

May 27th: Small Group

June 03rd: Service

June 10th: Small Group

June 17th: Service

June 24th: Small Group

Please help Aletheia find a long-term home

We are looking for an outside location to hold our (then) weekly Sunday Services. If you know of any suitable places, or know someone who might be able to help, please let us know.

Details are in a separate insert in your bulletin today.

MAY 20TH 2018



ALETHEIA

Seeking Truth, Experiencing Grace, Sharing Life

Aletheia International Church Munich

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**SEEKING TRUTH
EXPERIENCING GRACE
SHARING LIFE**

Prepare/Enrich available

Pastor Bernd and his wife Ryoko are licensed to run Prepare/Enrich. We are offering this program for any married couple or two people who are seriously thinking about marriage.

This program is also a great way to reach out to your community, since the program can be run without including religious topics. Contact us for details.



Library

AIC is now offering a small library. You can borrow books any Sunday, if you are interested in any of the books. Also, if you don't have a Bible, please take one home and keep it for free.

Church Anniversary: Saturday, July 07th

A day of Celebration and Thanksgiving. Baptisms will also be offered, if anybody is interested. Save the date! Details to come

Download our app!

The best way to stay in touch with us is through our app. Scan the QR code below or follow the download link on our website: <http://www.aicmunich.org>



Anger

Below are some questions that could help us all reflect on today's sermon and to go deeper with God during our quiet time this week.



Ephesians 4:26 Be angry, and sin not: let not the sun go down upon your wrath:

- In general: Would I describe the result of my anger in positive or in negative terms? Why?
- Am I dealing with my anger quickly, as the Bible tells me to? Or do I tend to „bottle it up“ for a while? What's the result of my habit?
- Do I tend to see emotions I don't like as a positive or as a negative thing?
- Do I see „anger as an expression of love“? Why or why not?
- Is my anger generally righteous anger? Or do I mainly deal with unrighteous anger?
- Which of the practical steps Bernd mentioned do I want to focus on next time I get angry?
 - * Why am I angry?
 - * Who or what am I angry with?
 - * How am I contributing to the problem?
 - * What is my anger trying to tell me? What does it point to?
 - * Does my anger influence my actions? In a positive or negative way?
 - * Does my anger influence my relationships in a positive or negative way?